

## **A New Study Finds that Citalopram (Celexa) is Ineffective at Reducing Repetitive Behaviors**

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As reported in an article posted by ScienceDaily, Citalopram, a medication frequently prescribed for obsessive compulsive disorders as well as children with autism spectrum disorders, has been shown to have little benefits at alleviating repetitive behaviors. The study was conducted by Dr. Bryan H. King, director of child and adolescent psychiatry at Seattle Children's Hospital and vice chair of psychiatry at the University Of Washington School Of Medicine.

According to the study, Citalopram had no more benefit than the placebo used in the clinical trial, and Dr. King advocates weighing the benefits against the risks when prescribing medication. As he points out, citalopram, while showing no real positive benefit, does have potential negative side effects, which were reported in nearly all children in the study. The study has been published in the Archives of General Psychaitry and is a great resource for helping doctors and parents determine the best treatment for their child.

[To read the whole article, please click here.](#)